



"A Coastal Treasure in Recreation"
PARKS & RECREATION



Weight Wise Women

Brunswick County P&R is offering a 16-week behavioral weight loss program for women ages 18-64 years with a BMI of 27 or higher and desire to lose weight. Classes will meet once a week from 5:30—7:30 pm at the Bolivia Government Complex beginning in January, 2011. Limited space. The cost is \$65.

For more information please call:

Ruthie at: 253-2583